



**TATTVĀ
SCHOOL**



SCHOOL
Connect **July 2025**
Pre-primary

From the Principal's Desk

The July month has been rather busy with portion completion and gearing up for PT1 assessment. Since, the school pays major attention to activity based learning, relevant activities were conducted for all the chapters and in all the subjects.

I would like to share about four things we did this year, before and after period assessments.

Conducting Unit Tests is a regular feature across but this time round, we conducted a mock test for grades 9-12 in order to prepare the students for PT1. This was to help them analyze the focus and seriousness around the subject. This was followed by Period Assessment 1. Conducting the mock test did help the students to gather themselves and focus on their performance.

The second initiative was that two hours of revision was conducted in the morning and tests were rolled out in the afternoon. This was a trial and this helped the students recall the syllabus better and the performance has improved as compared to last year and slow bloomers will benefit from this.

The third initiative is that remedial classes have started for all the students scoring below 60%; this is done to ensure that the majority of the class scores above 75%. Alongside this, the toppers have also been trained this year, to ensure that they score centums in the Grade X Board exams. Consent was sought from the parents of Grades 9 and 10 for support class stay back after the school.

From these classes, we realize that these students also need help with their logical reasoning and presentation skills. Sample papers for the current academic year have been downloaded for practice.

Parent Teacher meeting has been organized on the 2nd of August and the Scholastic Book Fair will be handled by our grade IX interns at school. The children attended an orientation for three days,

towards organizing the Book fair in school. The students are planning for an enthusiastic event. They are supported by our coordinator, Ms. Savitha.

CBSE has introduced -2 Board Exams from this academic year and the circular towards the information was shared with the parents, by us. An offline orientation was conducted for the parents to brief them about the Boards. All other activities, CCA, SAPA, Sports and clubs are going on as usual. Monthly planners are shared regularly to track the work completion.

I will share more updates in the next newsletter subsequently.

- Ms. Mamatha Rao,
Principal, Tattva School

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Quote of the month
***“Everything is easy when
you are busy, but nothing
is easy when you are lazy”***
- Swami Vivekananda



ACTIVITIES

Doctor Kit Using Clay

Prep I

The young learners of Prep I enthusiastically participated in a creative activity—**making a doctor kit using clay**. Using their tiny hands and big imaginations, children molded items like stethoscopes, syringes, and medicine bottles from clay, mimicking tools used by doctors.

This hands-on activity made learning both **fun and meaningful**, as **clay play** encourages **exploration, creativity, and fine motor development**. It also introduced children to the **tools doctors use**, reinforcing earlier lessons from Doctor's Day celebrations.

By integrating play with learning, the activity helped students naturally absorb new concepts in an **engaging, tactile, and joyful** way.

Global Visa Activity: Making India Flag - Prep I & II

As part of the **Global Visa** activity, our little learners were introduced to the **location of India** on the globe. Teachers showed them where **India is** and explained that the **capital city is Delhi**. They also shared that **India is also called "Bharatha"**.

Children enjoyed marking **Delhi** on a **map of India worksheet**, helping them begin to understand physical locations. To celebrate the spirit of the country, students used **sticks and colored paper to make the Indian flag**.

Learning Outcomes:

- Recognized **India's location** on the globe.
- Learned the **capital city - Delhi** and the traditional name **Bharatha**.



ACTIVITIES

- Improved **fine motor skills** through a fun **flag-making activity**.
- Built early **geography and spatial awareness skills**.

Draw the Caterpillar Using the Hand - Prep I

In this creative and fun-filled activity, children were given a worksheet with a leaf to colour and were guided to draw a caterpillar using the outline of their own hand. The little ones thoroughly enjoyed turning their handprints into cute caterpillars!

This hands-on activity helped children strengthen their **fine motor skills, hand-eye coordination**, and spatial awareness—all of which are essential for writing and drawing. It also encouraged focus, creativity, and an early understanding of **cause and effect** as they explored how their hand could transform into a piece of art.

Such playful learning experiences spark imagination while building foundational skills in an engaging and joyful way.

Peas in a Pond - Prep II

In this fun-filled creative activity, children were provided with a worksheet featuring a **leaf and pea pod outline**. They began by **coloring the leaf**, then crafted **origami pea pods** using green paper. To represent the peas, they **crumbled green crepe paper** and pasted them inside the origami pod, which was then stuck onto the worksheet.

This hands-on activity helped children develop a range of essential skills including



ACTIVITIES

fine motor control, hand-eye coordination, and grip strength. It also boosted their **confidence, concentration, and cognitive skills** such as **planning** and **problem-solving**, all while enjoying a meaningful and engaging art experience.

My Green Buddy – The Caterpillar - Nursery

As part of the "My Green Buddy" activity, children joyfully created an adorable green caterpillar by drawing circles, eyes, and legs on a worksheet and colouring it with creativity and care.

This fun-filled art activity helped children learn that caterpillars are green and feed on leaves, fostering a deeper connection with nature.

The celebration was not only enjoyable but also educational—enhancing their understanding of the colour green and its importance in the natural world.

Global Visa Activity: National Symbols of India Prep I & II

To help our tiny tots understand and appreciate the identity of our nation, teachers introduced the **National Symbols of India** through engaging visuals and simple explanations. Children learned about the **Indian Flag**, which is one of the most important national symbols. Using coins, they explored the **National Emblem**, sparking curiosity and observation.



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The activity also included fun facts about the **National Animal (Tiger)**, **National Fruit (Mango)**, **National Flower (Lotus)**, and **National Tree (Banyan)**. A colouring worksheet featuring these symbols was provided, allowing children to express their creativity while reinforcing what they learned.

This activity aimed to build **civic knowledge** and helped children understand the role of these symbols in promoting **National Unity and Pride**.

Facial Features Recognition

The teacher introduced the concept of facial features by drawing a complete picture of a face, including the **eyes, nose, ears, and mouth**. Each part was clearly labelled and explained, helping children become familiar with the basic components of the human face. The children were encouraged to point to and name each feature, reinforcing their learning through active participation.

To make the session more interactive, the teacher creatively **hid or removed** certain parts of the face and invited the children to guess which feature was missing. This fun guessing game kept the children engaged and encouraged them to observe closely and think critically.

Learning Outcome:

This activity helped enhance **face recognition skills**, while also supporting the development of **listening, observation, and critical thinking** abilities in young learners. It laid a strong foundation for understanding **body awareness** and **spatial orientation** in an enjoyable and age-appropriate manner.



ACTIVITIES

Crumpled Paper Craft Nursery

In this creative activity, students were given a worksheet with the **outline of a tree**. Each child enthusiastically **crumpled pieces of green paper** and pasted them onto the tree, bringing it to life with texture and colour.

Through this fun, hands-on experience, children learned that **trees are green**, identified basic parts of a tree such as the **trunk and leaves**, and understood the **importance of saving trees**. The activity supported **fine motor development**, **colour recognition**, and introduced **early environmental awareness** in a joyful and age-appropriate manner.

Cotton Bud Printing - Prep I

In this activity, the teacher will provide the EVS skill book along with three different colours and cotton buds to complete a picture. Children thoroughly enjoy this creative experience known as cotton bud printing or Q-tip painting.

This fun and engaging art activity supports multiple areas of development. It enhances **fine motor skills** and **hand-eye coordination**, as children carefully dab paint onto the paper using buds. The activity also **stimulates creativity and imagination**, allowing children to explore colour combinations and patterns.

Furthermore, it encourages **concentration and focus**, while giving children a sense of **achievement and confidence** as they proudly display their unique artwork.



ACTIVITIES

Sorting the Shapes Prep II

The teacher provided shape cut outs of **circles, triangles, squares, and rectangles** in various sizes and colours. Children were encouraged to observe, compare, and **sort the shapes** based on their attributes.

This sorting activity plays a vital role in early childhood development. It enhances **cognitive and fine motor skills**, while also promoting understanding of key concepts such as **shape, colour, and size**. Additionally, it nurtures **logical reasoning, critical thinking**, and helps improve **focus and attention span**.

Through this hands-on experience, children not only enjoyed learning but also built a strong foundation for mathematical thinking and problem-solving.

Simple Geometric Shapes Nursery

To make learning shapes both fun and engaging, students were given a worksheet featuring various **basic geometric shapes**. Using **earbuds dipped in paint**, the children enthusiastically traced along the outlines of each shape.

This hands-on activity not only sparked creativity but also helped enhance their **fine motor skills** and **hand-eye coordination**. By combining play with learning, children were able to **recognize and remember** shapes more effectively.

Such thoughtfully designed activities from **Begin** make the early learning experience



ACTIVITIES

interactive, joyful, and impactful, fostering a strong foundation in both cognitive and motor development.

Matching Shapes to Flashcards - Prep I

In this engaging activity, the teacher provided **shape flashcards** along with **foam cut-out shapes**. Children were encouraged to match each foam shape with its corresponding flashcard and name the shape aloud.

This foundational learning task supports the development of key early skills, including **spatial awareness, problem-solving, and early math concepts**. It also strengthens **visual perception, memory, and language development**, making it a fun and educational experience for young learners.

General Health Check-Up

Tattva School recently organized a dedicated General health check-up, eye, ear and dental check-up for all students and staff as part of its ongoing commitment to overall well-being. Conducted by qualified optometrists, the session aimed to detect early signs of vision issues and promote awareness about General health care.

Students and staff underwent basic vision and ear screening, and dental check up with follow-up recommendations provided where necessary. The initiative was well-received and served as a gentle reminder of the importance of regular Health check-ups maintaining good health and learning focus.



ACTIVITIES

Global Visa Activity - Making of Modak - Prep I & II

The teacher began the session by introducing children to various food items found across India, explaining how food differs in the northern and southern parts of the country. The discussion also included a comparison between Indian and non-Indian cuisines such as Chinese and Mexican, helping children recognize the cultural uniqueness of Indian dishes.

As part of understanding Indian festivals and traditional foods, the upcoming festival of Ganesh Chaturthi was highlighted. The teacher explained that Modak, a favorite sweet of Lord Ganesha, is commonly prepared during this time—just as Gujiya is made during Holi.

For the hands-on activity, children brought ingredients from home, including crumbled biscuits, condensed milk, grated coconut, chopped nuts, and cardamom powder. They mixed the ingredients together under the teacher's guidance until a uniform mixture was formed. Then, using their hands, they shaped small portions of the mixture into Modaks.

This activity not only gave children a fun sensory experience but also helped:

- Develop fine motor skills and hand-eye coordination
- Build cognitive skills through sequencing and following instructions
- Understand the nutritional value of food
- Gain awareness of Indian festivals and cultural traditions

The Modak-making activity was a delightful blend of learning, tradition, and tasty fun!



ACTIVITIES

Grouping – Making 1 Group of 10 Beads - Prep I

Our tiny tots were engaged in a fun and educational activity where the teacher provided beads and thread to help them create one group of 10 beads. Through this hands-on experience, children explored different combinations that make up 10.

This activity helped children develop foundational math skills by physically manipulating the beads, enabling them to better understand quantities and how numbers are formed. It also laid the groundwork for the concept of place value by introducing the idea of grouping into tens and units.

Additionally, threading beads supported the development of fine motor skills, hand-eye coordination, and focus—making learning both meaningful and enjoyable!

Book Tower Competition Prep I

Our little learners of Prep I enthusiastically participated in the Book Tower Competition, where they stacked books to build the tallest tower possible! This fun-filled activity encouraged teamwork, balance, and fine motor skills, while also sparking curiosity and excitement about books. The children enjoyed every moment, cheering each other on and proudly showing off their creative towers.

The winners are:

1. Aadnya Susheel Mahendrakar (Green house)
2. Dakshatha A Gowda (Red house)
3. Vaishishtya V Shastry (Green house)
4. Tenzin Choklha (Yellow house)
5. Tharunika B (Yellow house)



SPECIAL ASSEMBLY

Special Assembly on Doctor's Day

Chief Guest: Dr. Kavitha Manjunath, General Physician, Portea Healthcare.

Tattva School celebrated **National Doctor's Day** with great enthusiasm and appreciation to recognize the invaluable contributions of doctors to our society.

The day began with a **special assembly** where our pre-primary students **dressed up as doctors** and enthusiastically **spoke a few lines about doctors** and their importance in our lives. The highlight of the assembly was a delightful **role-play activity**, where children acted as doctors, showcasing their understanding of the profession in a fun and engaging way.

We were honored to have **Dr. Kavitha Manjunath** as our chief guest. She interacted warmly with the children, sharing valuable insights about the importance of **healthy eating habits** and the difference between **healthy and junk food**. She also spoke about the **impact of excessive screen time** on children's **mental and physical health**, encouraging young minds to adopt a balanced lifestyle.

It was a memorable and meaningful celebration that inspired children to respect and value the medical profession while learning about good health practices in an age-appropriate manner.



SPECIAL ASSEMBLY

Special Assembly on Green Day Celebration

The Pre-primary Wing celebrated **Green Day** with great enthusiasm on 10th July 2025. The campus came alive with shades of green as children arrived in vibrant green outfits, proudly carrying creative cutouts of green fruits and vegetables. The teachers joined in the celebration by dressing in green, making the day more memorable and joyful.

The celebration was designed to help children understand the significance of the colour green and its deep connection with nature. They learned that green symbolizes **nature, fertility, prosperity, growth, and harmony**, and has a **soothing, healing** effect on the human eye.

Through interactive conversations, children confidently spoke a few words about the cutouts they brought, building both their vocabulary and confidence. They also participated in a hands-on art activity by drawing **leaves and a caterpillar**, reinforcing their understanding through creative expression.

The celebration not only sparked curiosity and joy but also instilled a sense of responsibility towards **protecting and caring for our environment**.

Special Assembly on Shapes Day

The **Special Assembly on Shapes Day** for the tiny tots was a wonderful way to introduce them to shapes and their significance in learning. The event began with the school prayer, thought for the day,



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word of the day, and pledge, creating a warm and structured start for the little ones.

The children brought in **shape cut outs** like mobiles, blackboards, and clocks, which made the session interactive and engaging. Teachers used **charts** and **objects** to explain shapes, making it easier for the children to understand and visualize different shapes around them.

In the **Pre-primary section**, various **fun activities** were organized, like **matching shapes**, **crumpled paper crafts**, and **sorting shapes**. These activities not only helped children recognize shapes but also improved their **fine motor skills**, **hand-eye coordination**, and **sensory awareness**, which are all important for their overall development.

It sounds like it was a day filled with learning and fun!

Special Assembly on Season's Day

The Pre-primary Wing celebrated Season's Day with great enthusiasm and vibrant participation on 31st July 2025. The event was a joyful exploration of the three main seasons—Summer, Winter, and Monsoon—as our little learners immersed themselves in the beauty and uniqueness of each.

The celebration commenced with the school prayer, followed by the pledge, word of the day, and thought for the day, setting a positive and reflective tone.

Summer Season

Students learned how summer brings longer days, warmth, and plenty of sunshine. They discovered how people wear light cotton



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clothes to stay cool and enjoy outdoor fun. The children came dressed in summer-themed outfits such as cotton T-shirts, shorts, hats, sunglasses, and sandals, adding a splash of brightness to the assembly.

Winter Season

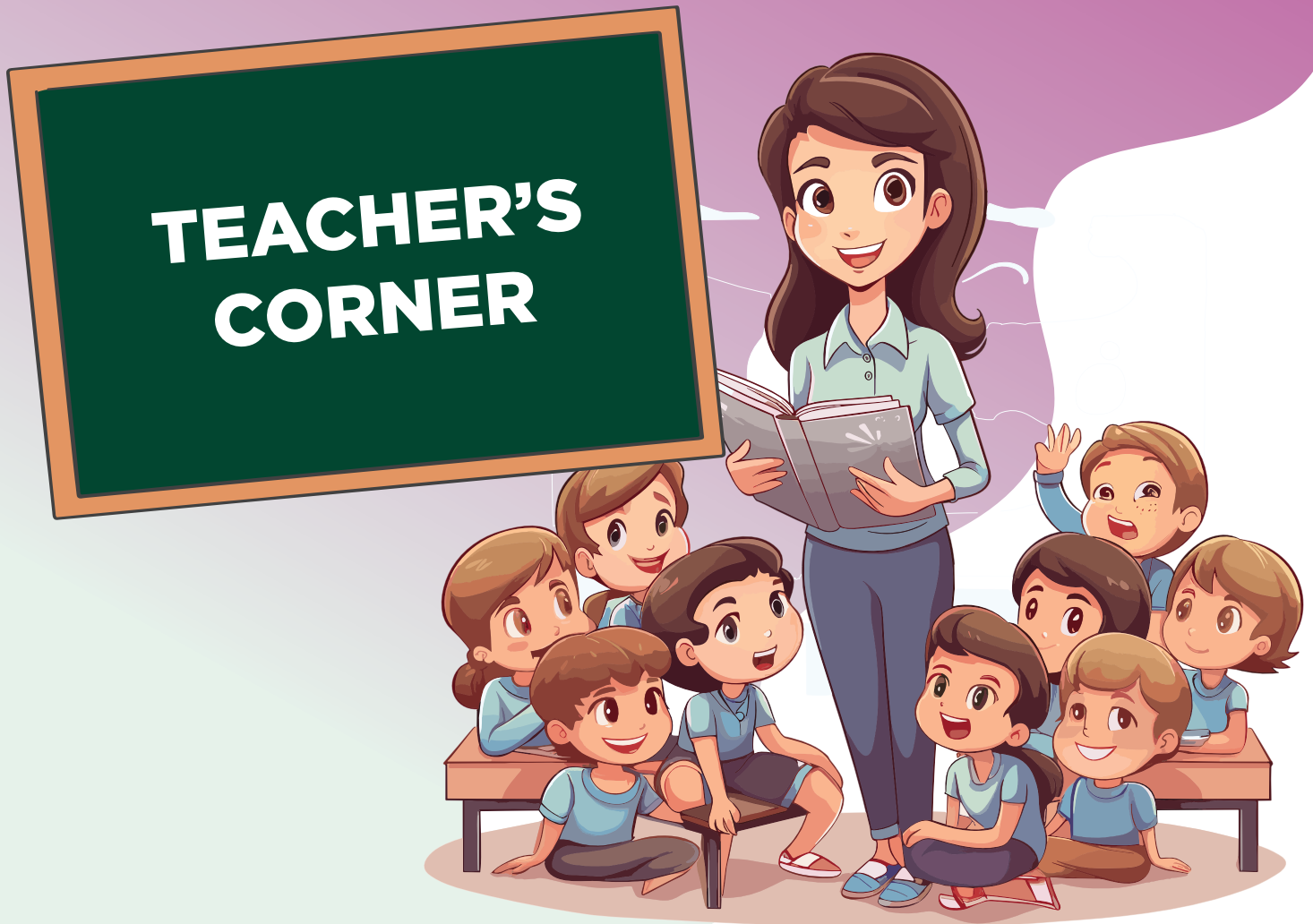
Winter was portrayed as a season of coziness, joy, and togetherness. Students shared how people stay warm and enjoy indoor comforts during cold days. They arrived in winter-themed outfits like sweaters, woolen pants or jeans, beanies, warm socks, shoes, and hand gloves, bringing the essence of winter alive.

Rainy Season

The charm of the monsoon was celebrated through the joy of raindrops, puddles, and lush greenery. Children discussed the importance of rain and how we prepare for it. They dressed in rainy-season attire such as raincoats, waterproof boots, and carried colorful umbrellas, making the environment vibrant and fun.

Through this engaging and experiential celebration, students not only enjoyed dressing up but also gained a deeper understanding of how different seasons affect our environment, lifestyle, and clothing choices. The activity encouraged observation, expression, and learning in a playful manner—true to the spirit of early childhood education.





I am Tejashwini M, currently working as a Prep I teacher for the past year. As a proud graduate of Tattva School, I can confidently say that my journey here has been truly transformative.

The program offered was both challenging and engaging, encouraging me to think critically and develop strong analytical skills. The invaluable support and guidance from our Principal Ma'am made a significant difference in my growth.

Tattva School's emphasis on holistic development through various trainings—such as HSCP and fire safety—has helped me grow not only as a teacher but also as an individual. I wholeheartedly recommend Tattva School to anyone seeking a nurturing, academically stimulating environment that supports both personal and professional development.

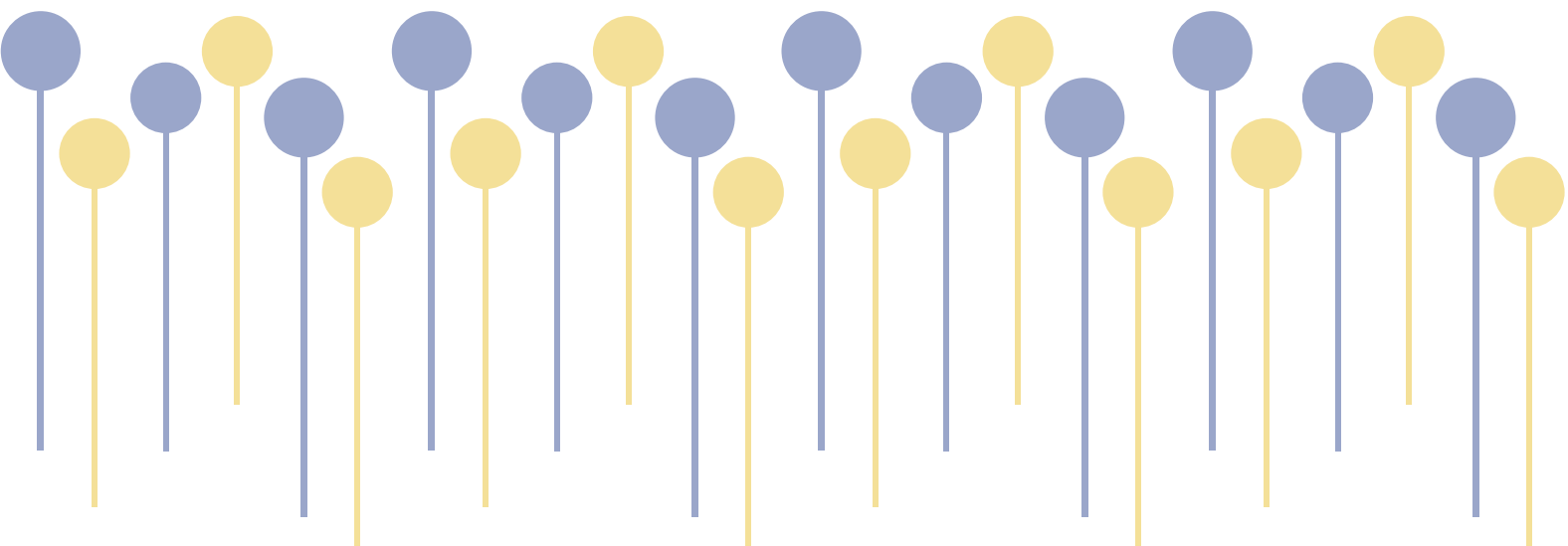
**- Ms. Tejashwini M,
Class Teacher - Prep I**



PARENT'S CORNER

I would like to appreciate the school management for maintaining good communication with parents and for providing a safe, well-organized, and welcoming environment. The events and activities planned by the school help children explore and learn in different ways, and the overall support from the management reflects in the children's growth and happiness.

- Ms. Tenzin Pasang,
Parent of Tenzin Choklha - Prep I



STAR OF THE WEEK

Star of the Week is one of the best ways to get to know our students on a more personal level. Students feel distinct for a full week, which encourages classroom community.



Rohan Upamanyu H
Nursery



Kashvi G
Nursery



Punary Gowda H C
Prep I



Dakshatha A Gowda
Prep I



Thalir A - Prep I



Vaishishtya V Shastry
Prep I



Vedanth S - Prep II



Upcoming Events

- Independence Day
- Krishna Janmashtami
- Ganesha Festival
- Tirangaa 2025

